

Personal Benefits of Volunteering...

- *Supplies social contact*
- *Decreases feelings of hostility and isolation*
- *Reverses feelings of depression*
- *Alleviates stress, which might otherwise induce*
 - *Obesity*
 - *Sleeplessness*
 - *Stomach Acid*
 - *Headaches*
 - *Cold and Flu*
- *Creates a feeling of self-worth*
- *Leaves you with a "helper's high," followed by longer periods of calm*

www.actsofkindness.org



HospiceCare of the Piedmont, Inc.
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A non-profit community hospice serving
Abbeville, Greenwood, Laurens,
McCormick, and Saluda counties since
1981.

The Watchman Program...

Faith In Action



Our churches have joined with HospiceCare of the Piedmont to ensure that each and every person within their congregation is aware of the caring and loving angels among us who are ready and willing to assist people in their community.

HospiceCare of the Piedmont, Inc.

What is a Watchman?

A Watchman is a leader in a congregation of people. The book of Isaiah says that being a watchman is a calling. Watchmen lift up their voices to build up and prepare the way for the people. A watchman may give warning or bring awareness to the congregation. A watchman is willing to have a vision and carry out a purpose. A watchman exhibits faithfulness, persistence, and leads by example. A watchman has a spirit of compassion and concern to bring a peaceful way of living to people.

What is the Watchman Program?

Churches play a vital role in our community, providing spiritual care, social interaction, and various levels of support. HospiceCare of the Piedmont recognizes religious congregations as the cornerstone for service delivery to the community. The Watchman Program is an extension of the ministry provided to individuals and their family by area churches and HospiceCare.

What does a Watchman Representative do?

As a Watchman Representative, you serve as a liaison between your church and HospiceCare of the Piedmont. We provide you with a free three-hour training session that will enable you to better serve your church congregation and HospiceCare. The duties of a Watchman require only that you be a member of your church congregation, remain active within your church, and attend a one-hour Watchman meeting at HospiceCare every other month. As a Watchman, you will be the designated HospiceCare “eyes” and “ears” for your congregation, allowing you to:

- Speak knowledgeably on the services that HospiceCare offers
- Serve as a direct link for your congregation to HospiceCare
- Convey the needs of your church family to HospiceCare, and vice versa
- Assist in the recruitment of volunteers within your congregation for HospiceCare



Can I be a Watchman Representative Now?

Absolutely! HospiceCare of the Piedmont will provide you with training so that you will feel comfortable being a Watchman. We'll give you the information you need to better serve your church family.

Contact our Watchman Coordinator at (864)227-9393